



SKI • FRISCO • SPORTS

Skiers Checklist

**ESSENTIALS**

- Parka & Outer shell
- One Piece Suit
- Insulated or Shell Pants
- Stretch Pants
- Sweater or Hoodie
- Fleece Vest / Jacket
- Wicking Top layer / T-Necks
- Thermal Underwear Tops
- Thermal Underwear Bottom
- Socks (1 pair per day)
- Hat / Headband / Ear Muffs
- Gloves / Mitts
- Goggles / Sunglasses
- After Ski Boots
- Helmet

**EQUIPMENT**

- Ski / Snowboard "Tuned up"
- Ski Binding Inspection
- Ski / Snowboard "Boot Issues"
- Poles

**OPTIONAL**

- Liners (Socks or Gloves)
- Face Mask
- Anti Fog cloth
- Hand & Toe Warmers
- Suspenders
- Neck Gaiter
- Fanny pack
- Boot Bag
- Sportube Ski / Snowboard
- Ski / Snowboard Gear Bag
- Stomp pad
- Board Leash
- Snowboard Tool Kit
- Hydration Bag / Pack
- Backpack
- Boot Dryer
- Hotronics



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